Main Text: [St. John 5:1-15](https://www.biblegateway.com/passage/?search=John%205&version=NLT;KJV)

Supporting Text(s): [Psalm 103:3](https://www.biblegateway.com/passage/?search=psalm+103%3A3&version=KJV;NLT), [1 Peter 2:24](https://www.biblegateway.com/passage/?search=1%20Peter%202%3A24&version=KJV;NLT), [Romans 8:11](https://www.biblegateway.com/passage/?search=Romans+8%3A11&version=KJV), [1 Corinthians 15:55-57](https://www.biblegateway.com/passage/?search=1%20Corinthians%2015:55-57&version=KJV)

Supporting documents: [Whitman Ministries](https://www.whitmanministries.org/index.php/blog/197-forgiveness-of-sin-and-physical-healing-are-connected-throughout-the-bible)

Questions to ponder:

1. What other verses come to mind when you think about healing and sin?
2. What examples are found in the Bible of sin being a source of sickness?
3. How can we implement this concept in our lives today?

# St. John 5:1-15 – *Jesus, who Heals & Forgives Sin*

*The below excerpts are from the Strong Lexicon, Greek translation.*

[Verse 4](https://biblehub.com/strongs/john/5-4.htm) – An angel (messenger from God) came during [a certain] season (opportunity, occasion, time), descended in the pool and stirred (disturb, agitate, trouble) the water. He who therefore first entered (to step in, embark) after the stirring (disturbance) of the water was made (to come into, to be born, to become) well (sound, healthy, pure, whole) from whatever he was held by (bind, arrest, detain, restrain) at the time (whenever).

[Verse 5](https://biblehub.com/strongs/john/5-5.htm) – Key: Invalid – feebleness, morally, frailty.

[Verse 6](https://biblehub.com/strongs/john/5-6.htm) – Key: He had spent – to have, hold, possess (marriage vows; to receive/accept)

[Verse 7](https://biblehub.com/strongs/john/5-7.htm) – Key: Invalid – to be weak (physically: then morally), sick. To Help – cast, throw, rush.

[Verse 8](https://biblehub.com/strongs/john/5-8.htm) – Get up – wake, arouse. Pick up – raise, lift up, take away, remove. Mat – mattress. Walk – To live, follow.

In these first few verses, the man had two opportunities to grasp his healing. First, by verbal expression (verse 6) and second by physical action (verse 8).

# Psalm 103:3 – *The Sin We Accept, Does Not Nullify the God of the Whole Man*

*The below excerpts are from the Strong Lexicon, Greek translation.*

[Verse 3](https://biblehub.com/strongs/psalms/103-3.htm) – Key: Your iniquities – perversity, depravity, guilt or punishment of iniquity 1b) guilt (of condition) 1c) consequence of or punishment for iniquity. And heals – 1b4) of personal distress. All – all, the whole of 1b) any, each, every, anything

# 1 Peter 2:24 – *The Cross Left Sin Powerless to the Believer*

*The below excerpts are from the Strong Lexicon, Greek translation.*

[Verse 24](https://biblehub.com/strongs/1_peter/2-24.htm) – Key: We might die – be removed from, depart sin. You are healed – to heal, generally of the physical, sometimes of spiritual, disease.

# Romans 8:11 – *The Potency of the Holy Spirit - The Comforter*

*The below excerpts are from the Strong Lexicon, Greek translation.*

[Verse 11](https://biblehub.com/strongs/romans/8-11.htm) – Key: Spirit – wind, breath, spirit. Who raised – wake, arouse, raise up. Will also give life – to make that which was dead to live, cause to live, quicken. Mortal bodies – flesh (literally or figuratively).